

KITCHEN KAPERS

2015 HOME TOUR



**OhioHealth
Foundation**

Benefiting Riverside Methodist Hospital

CARING FOR CANCER SINCE 1987

KITCHEN KAPERS

A TOUR OF FINE KITCHENS

www.KitchenKapers.org



**Erie
Insurance®**

SEPTEMBER 13, 2015

2701 Berwyn Road
2690 Edington Road

2283 Tremont Road
2124 Tremont Road
2035 Tremont Road

2457 Kensington Drive
2454 Kensington Drive



*eliminates
stress*

for the giver and
receiver.

Gift cards for any occasion.

\$49⁹⁹ Introductory 1-hour
massage session*

\$59⁹⁹ Introductory 1-hour
Healthy Skin facial session*

MassageEnvy.com · Convenient Hours · Franchises Available
Open 7 Days: M-F 8am-10pm, Sat 8am-6pm, Sun 10am-6pm

HILLIARD

3965 Trueman Blvd
At Fishinger Rd and
Trueman Blvd
(614) 771-6860

GRANDVIEW YARD

775 Yard Street
Off Goodale Blvd in the
Grandview Yard
(614) 484-6860



*See clinic for details. Each location is independently owned and operated.
©2013 Massage Envy Franchising, LLC

Celebrating 28 Years!

Dear Tour Guest,

Welcome to the 28th Annual Kitchen Kapers Home Tour, the philanthropic endeavor of 55 dedicated volunteers and their partner, the OhioHealth Foundation. Since our inception in 1987, Kitchen Kapers has been committed to raising funds to support Cancer Services at Riverside Methodist Hospital and the Bing Cancer Center. To date, we have raised over \$600,000, including nearly \$80,000 donated from last year's tour. With continued success, Kitchen Kapers proceeds will reach even further to support more OhioHealth programs that are important to our community.

This will be the 8th year that proceeds from the tour will support the Artist in Residence program. Recognized by the National Endowment for the Art as a "Best Practice," this hands-on program brings art to the patient's bedside to enhance healing and improve quality of life. Creative outlets—including music, poetry, knitting and visual arts—help patients and their families cope with the emotional impact of cancer. Please enjoy the soothing music of guitarist John Morgan and the colorful art pieces of art therapist Jen McHale as you are walking through the homes today.

I am thankful for all of the individuals and businesses with whom we have partnered this year to bring this tour to life. I wish to extend a heartfelt thank you to our homeowners who generously and graciously invite us into their lovely homes today. Without them, this tour would not be possible. I express sincere gratitude to our Tour Sponsor, Erie Insurance, and each of our Home Sponsors. I'd like to thank our media sponsor, NBC4, and our honorary spokesperson, Ellie Merritt, for continuing to support our cause. I extend thanks to all of our wonderful restaurant and floral partners, generous individual donors and advertising sponsors.

I am amazed and forever grateful for the hardworking efforts of our membership who have given endless hours and talents to ensure that this tour is a success.

Finally, if today is your 28th time attending or if it is your first tour, I thank you for your support in visiting today. I hope that you have a fun day and enjoy yourself. Please leave knowing that YOU are making a difference in the lives of those living with cancer.

Sincerely,



Kara Rappolt
2015 Kitchen Kapers President

Dear Volunteers and Touring Friends,



As our current financial world challenges us to make ends meet, we become more acutely aware of selecting our philanthropic giving.

Everyone working and volunteering in OhioHealth Riverside Methodist Hospital's cancer services warmly thanks you for choosing Kitchen Kapers as one of your domains of giving to others.

As you tour these magnificent kitchens, please say hello to Jen McHale demonstrating art therapy and John Morgan singing and playing the guitar. Imagine that you are a cancer patient in Riverside Methodist Hospital or the Bing Cancer center, struggling with your treatment or recovering from your treatment. Imagine a relationship with Jen or John, bringing you respite from your emotional and physical discomfort. Imagine the peace and serenity, the break from the daily reality of your cancer. These artists in residence help our patients heal and recover.



Without the philanthropic support from Kitchen Kapers, Jen and John wouldn't be there for our patients. The Artist in Residence program would not exist. Our patients would miss the soothing music and the mindfulness of art therapy. This would leave a huge gap in our total care of our patients as we strive to be experts in treating patients with cancer, not just experts in treating cancer.

On behalf of RMH cancer services, I thank you for your generosity and compassion for others, for our patients.

Warmest regards,

A handwritten signature in black ink that reads "Jeff Bell".

Jeffrey G. Bell, M.D.
Medical Director, Cancer Services
Riverside Methodist Hospital



**OhioHealth
Foundation**

Benefiting Riverside Methodist Hospital

OHIOHEALTH RIVERSIDE METHODIST HOSPITAL

Cancer Services: Artist in Residence Program Brings Comfort to Patients and Families

Where do the arts fit into healthcare? Right at the bedside! Living with cancer can create unbearable stress and anxiety. It can come from constant worry about the condition of cancer or fearful waiting before a procedure or surgery.

The Artist in Residence program at Riverside Methodist is designed to help patients and their families cope during these times by providing cancer resources and a means to help them relax through creative activities, as well as express and explore their emotions and concerns.

Research studies on arts in medicine programs have proven artistic activities can lower stress levels, decrease anxiety and improve a sense of well-being. Riverside Methodist's Artist in Residence program includes, but is not limited to, visual, literary and musical arts that can help the patient shift focus into a more peaceful and hopeful mental space.

Solely funded by philanthropic support and the only program in central Ohio recognized by the National Endowment for the Arts as a "Best Practice," the Artist in Residence program is founded on the belief that the creative process involved in artistic self-expression helps people in many significant ways.

About the OhioHealth Foundation

The OhioHealth Foundation helps our central Ohio family of faith-based, not-for-profit, volunteer-governed hospitals and healthcare services fulfill their commitment to extraordinary care.

Gifts made to the OhioHealth Foundation benefit Riverside Methodist Hospital, Grant Medical Center, Doctors Hospital, Dublin Methodist Hospital, Grady Memorial Hospital, Hospice, MedCentral Hospitals and O'Bleness Hospital.

For more information, visit the Foundation at OhioHealth.com/Foundation or (614) 544-GIVE (4483).

Tour Sponsor



*There's a
new dog in town*

Ray Insurance Agency Inc
1580 Fishinger Rd, Columbus
614-459-1122
www.RayInsurance.com

 **Erie
Insurance®**
Above all in sERvice – since 1925™

Auto · Home · Business · Life

Table of Contents

Map of Homes	8
Sponsorships	9
The Glass Home	15
The Miller Home	21
The Halley Home	27
The Heath Home	33
The Kennedy Home	39
The Mahan Home	45
The McKenna Home	51
2015 Membership	77
Home Suggestion	80

Out of courtesy to the homeowners who have graciously opened their homes for this special event, we request:

- + No strollers or backpacks.
- + No smoking.
- + **No cameras.**
- + No food or drinks except for that which is provided by the chefs in the home.
- + Children must remain with parent or adult at all times.
- + Guests please refrain from touching home contents.

Thank you for supporting Kitchen Kapers 2015.



Patient Stories

MARK'S STORY — COLON CANCER

Where Would My Doctor Send His Own Family For Cancer Surgery?

When Mark learned he had a malignant tumor the size of a lime in his colon, he wanted to know where his referring physician would send his grandmother if she were the one needing cancer treatment. He remembers the conversation vividly, saying, “My doctor told me, ‘If you want to feel like you’re a patient – not a number – go to Riverside Methodist Hospital.’”

“I had never been to Riverside Methodist other than to see family members,” he continued. “And I have never been treated so wonderfully – by everyone. It was amazing. I was truly treated as a person.”

The People at Riverside Make The Difference

Likewise, it is the people Mark recalls most when sharing his experience receiving cancer treatment at OhioHealth Riverside Methodist Hospital. His surgeon; his oncologists; his patient navigator; his chemotherapy nurse; his radiation therapist; his scheduler; his nutritionist and personal trainer; other cancer survivors.

“My doctor told me, ‘If you want to feel like you’re a patient – not a number – go to Riverside Methodist Hospital.’”

“I have a very strong faith, so when I was told over the phone I have cancer, there

was a real peace that came over me – not that I haven’t had bad days,” he said. “But after meeting the physicians who’d be treating me, I felt even more confident.”

On May 18, 2010, Mark’s surgeon, Keith Nichols, MD, used a minimally invasive technique to successfully remove a mass from Mark’s colon. And because cancer cells were found in one of Mark’s lymph nodes, an aggressive course of chemotherapy and radiation was recommended by his medical oncologist, Andrew Grainger, MD, and his radiation oncologist, Jason Seavolt, MD.

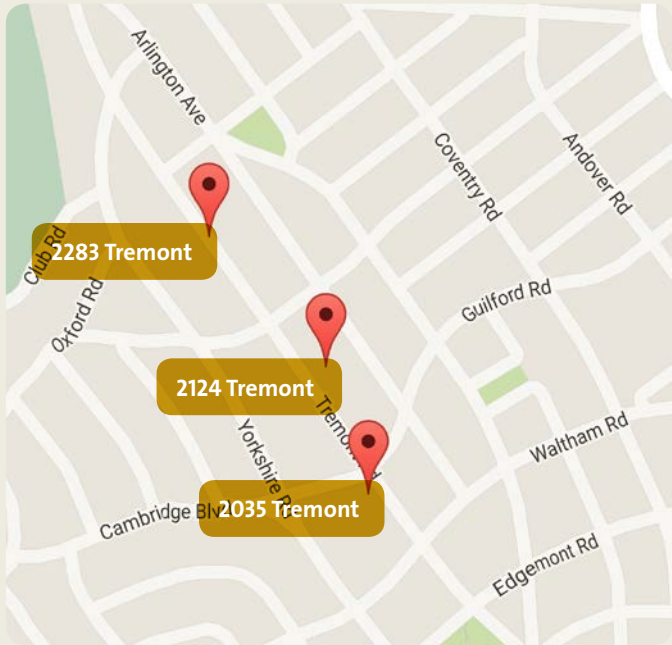
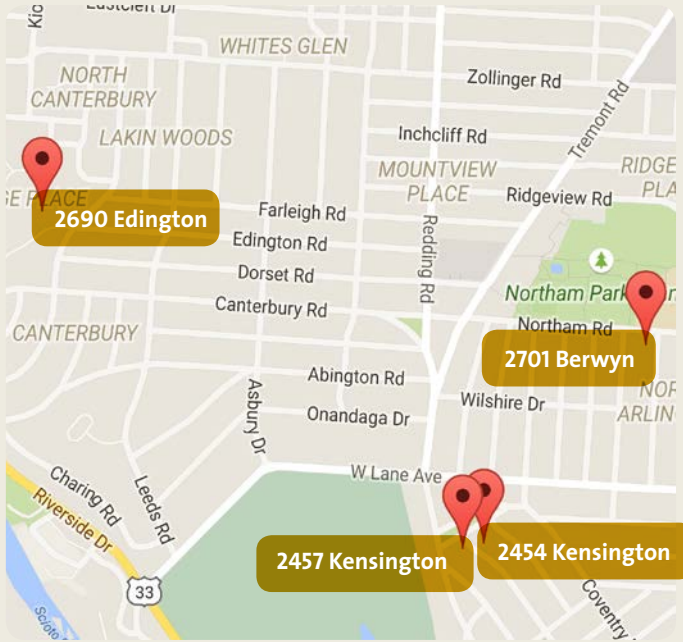
“Throughout all of it, I was treated wonderfully,” he said. “Everyone always called me by my first name. Everyone was always personable and hospitable. Everyone.”

The Chemo and Radiation is Over, But I’m Still Being Cared For

Although 30 pounds lighter, Mark is back at work and taking advantage of a health and fitness program offered to cancer patients by OhioHealth’s McConnell Heart Health Center, where clinical exercise physiologist Amy Kleski is helping him build back his strength.

“The exposure this has given me to other cancer survivors has also helped enormously,” Mark said. “Part of the healing process is sharing what you’ve gone through and hearing the same from others.”

Map of Homes





Kitchen Kapers would like to thank the following businesses for supporting our tour this year:

TOUR SPONSOR

Erie Insurance

MEDIA PARTNER

NBC 4

WEBSITE PARTNER

Robintek

HOME SPONSORS \$1200

Classico Tile and Marble, Inc.
Columbus Oncology & Hematology Associates
Cooley Custom Cabinetry, Inc.
CoverMyMeds
Derrick Layer Custom Homes & Remodeling, LLC
Gary J. Alexander Architects
InHome Concepts
K.A. Menendian
Modlich Stoneworks, Inc.
OhioHealth Breast & Cancer Surgeons

Premier at Sawmill Athletic Club
Renovations Unlimited, Inc.
Rex General Contracting, Inc.
Riverside Radiology and
Interventional Associates

RESTAURANT PARTNERS

Bleu and Fig
Bravo
Carsonie's Stromboli & Pizza Kitchen
Chick-fil-A
Chocolate Café
Dublin Cleaners
Moretti's of Arlington
Nicola Restaurant + Bar
Piada Italian Street Food
Steven's Catering
Tin Bakery
Two Caterers, Inc.
The Wine Bistro
Yabo's Tacos
Z Cucina

FLORAL PARTNERS

Bloomtastic
Chapel Hill Florist
DeSantis Florist, Inc.
Flower Galaxy
Natural Designs (Bleu and Fig)
Oakland Nursery
The Paper Daisy
Seven Cox Flowers

PLATINUM \$800–\$1,000

Dr. Robert T. Heck,
Columbus Aesthetic & Plastic Surgery, Inc.
Jeff Johnson & Company, LLC
Massage Envy Spa

GOLD \$600

Behal Sampson Dietz, Inc.
Jones Law Group
KB Productions
The Koffel Law Firm
Midwest Breast and Aesthetic Surgery
Ray Insurance Agency, Inc.
Salon Innovations, Ltd.

SILVER \$400

Amy Shaw Designs
Chester A. Smith, Inc.
Classic Papering and Painting, Inc.
Cook Yuhas Team,
Coldwell Banker King Thompson
Dahman Law
Hamilton Capital Management, Inc.
Hamilton Parker Company
Huffman's Market
Kitchen Kraft
Martin Carpet Cleaning Co.

Stock and Stone Architects, LLC
Susan Matrka Interiors

BRONZE \$150

Ashland, Inc.
Avery Animal Hospital
Betley Vistain Builders, Inc.
Birdie Brennan Professional Organizers
Buckeye Donuts
Dr. Chad Cacchio, DDS
Central Ohio Endodontics
City Park Interiors
Civil and Environmental Consultants, Inc.
The Cleary Company
Tony and Krystin Macaluso,
Coldwell Banker King Thompson
Dr. Victor J. Cook
Gilda Anderson Photography
Dr. John J. Haidet,
DDS and Dr. Louis W. Susi, DDS
Haring Pediatric Dental
Home Scan
The Jeff Alvis Group,
Howard Hanna Real Estate
The Jane L. Jones Team
K Studio, LLC
Koontz Real Estate Group, Inc.
Mr. Ted Lach,
Coldwell Banker King Thompson
Montessori Children's House, Inc.
Andrea C. Mulholland D.D.S., Inc.
Myers Real Estate
Dr. Phillip Rancitelli, Midwest Allergy
Retirement Strategies, LTD
Rider and Reinke Financial Group
Signature Dermatology
StoneMart
Talon Title Agency
Thompson-Cunningham Agency
Wade Orthodontics

Individual Sponsorships

Thank you to the following individuals whose donations support Kitchen Kapers:

MARBLE SPONSOR \$1000

Franklin Eck Jr.

**Mr. and Mrs. Matthew Scantland

GRANITE SPONSOR \$500

Mr. and Mrs. Brian Billick

**Mr. and Mrs. Brad Ferrell

**Ms. Sandra L. Pond

Kerry and Rich Wartel/Two Labs Charitable Fund

STERLING SPONSOR \$250

Caffe DaVinci

**Mr. and Mrs. Jeff Cullman

Donaldson Plastic Surgery

Doug and Susan DiMickle

**Dr. and Mrs. Robert Dudley

Mr. and Mrs. Cole Ellis

Mr. and Mrs. Austin Hawley

Mrs. Pamela P. Gartin

Ms. Corinne E. Garvey

Mr. and Mrs. David M. McCurdy

Ms. Janice McLefresh

**Mrs. Jill Milburn

Mr. and Mrs. Joseph R. Miller

Mr. and Mrs. Robert Moorehead

Carla and Jamie Ostarchvic

Mrs. Patricia M. Rice

Mr. and Mrs. Scott F. Scharfenberger

Paul and Sarah Smith

Mrs. Nancy B. Strause

Mr. and Mrs. Benjamin F. Trotter

Dr. and Mrs. Adam N. Ueberroth

**Bob and Aimee White

**Mr. and Mrs. Robert C. White

Mr. and Mrs. John W. Zeiger

CRYSTAL SPONSOR \$100

**Mr. and Mrs. William Acton

Rich and Cassie Baker

**Ms. Marlene Y. Berwanger

Mrs. Bonnie C. Birath

Dr. and Mrs. John R. Boyle

Mr. Kyle Carone

Brian and Amy Campbell

Mr. and Mrs. Todd Delay

Dr. and Mrs. Jack B. Dingle

Duet Health

Mr. and Mrs. C John Easton

**Mr. and Mrs. Matt Evans

Mr. and Mrs. Phillip J. Fleming

**Dr. and Mrs. Ryan Gaible

Mr. and Mrs. Rodney Gearhart

**Mr. and Mrs. Brian Gilmour

Mr. and Mrs. James Gilmour

**Mr. and Mrs. Patrick Hoffman

Mrs. Susan Hoyt

Mrs. Judith A. Kander

Mrs. Violet Kauffman

**Mrs. Stephanie A. Line

**Mr. and Mrs. John E. Mangas II

**Mr. and Mrs. Michael Mason

Mr. and Mrs. Richard D. Mason

Mr. and Mrs. Timothy McCombs

Mr. and Mrs. Robert H. McCormick

Ms. Molly McNeil

Messick & Thompson MD's, Inc.

Dr. and Mrs. Mark A. Miely

Mr. and Mrs. Terrance M. Miller

**Mr. and Mrs. Todd Nyhus

Dr. and Mrs. David M. Powell

**Matt and Kara Rappolt

Mr. and Mrs. Joseph W. Ray

Ms. Lucille Seabrook

Mr. and Mrs. Gerard P. Schlembach

Ms. Noelle M. Sicuro

Mr. and Mrs. Shawn D. Stock

Mrs. Elizabeth T. Tierney

Mr. and Mrs. Steven Tigges

Mr. and Mrs. Luke Tuttle

Mrs. Sandra Walters

**Mrs. Christine A. Winner

Woodbridge Custom Builders

Mr. and Mrs. Joseph M. Vagnier

Mr. and Mrs. Frederick A. Zantello
Ms. Eleanor Zeiger

CHINA SPONSOR \$50

Mr. and Mrs. Thomas E. Acton
Anonymous
Ms. Kristin R. Andersson
**Mr. and Mrs. Norman P. Bertke
**Mrs. Dawn Bloomfield
Mrs. Courtney Bower
Mr. James C. Childs
Ms. Tracey Clayton
Mrs. Aine E. Clements
Mrs. Cynthia P. Close
Ms. Rachel Copella
Mr. and Mrs. Shawn M. Copella
Mr. and Mrs. John H. Cousins, IV
Mr. and Mrs. William Arthur Cullman Jr.
Mr. and Mrs. Matthew P. Curtis
**Mr. and Mrs. Christopher Dusseau
**Mr. and Mrs. Michael Elsner
**Dr. and Mrs. James P. Ellis
Mr. and Mrs. Errick Engert
Mr. and Mrs. Edward P. Ferris
**Matt and Mindy Ferris
Mr. and Mrs. Allan Franks
Mr. and Mrs. Richard L. Gerhardt II
**Mr. and Mrs. Greg R. Grabovac
**Mr. and Mrs. Brett Gruss
Ms. Katie Halley
Harper Group, LLC
Ms. Anne Harrison
**Mr. and Mrs. David C. Hatch
Dr. and Mrs. Josh Houser
Mr. and Mrs. Thomas Hoyle
Mark and Laurie Huffnagle
Dr. and Mrs. Steven J. Krendl
** Ms. Sarah Kurz
Mrs. Stacy Lilly
Mr. and Mrs. Millard F. Line Jr.
Mr. James E. Lowe
John Lowe and Catherine Strauss
Mrs. Amy Mardas
Mr. and Mrs. Bob Mercer
Mr. and Mrs. Eric Menke
Mr. and Mrs. Mark K. Milligan
Mr. and Mrs. Scott D. Morgan
Ms. Amy Mumaw
Mr. and Mrs. Scott Obers
Mr. and Mrs. Thomas Pabst

Mr. and Mrs. Mike Rabadam
Mr. Craig D. Scheidler
Mr. and Mrs. John Schwarck
Mr. and Mrs. Scott R. Williams
Ms. M. Donice Wooster

LINEN SPONSOR \$25

Mr. and Mrs. Thomas A. Adams
Dr. and Mrs. Roger L. Albrecht
Mrs. Kate T. Kallmes Alvarez
Mr. and Mrs. Jeffrey Alvis
Anonymous
Mr. and Mrs. Hamish Baird
**Mrs. Carolyn Barger
Ms. Andra Bell
Mr. and Mrs. Chris Babrosky
Don and Connie Carone
Mr. and Mrs. Robert Christie
Mr. and Mrs. Edward Dominguez
Ms. Lori Downer
**Jane Gross
Mrs. Cary M. Hanosek
Mr. and Mrs. Jason Haskins
Mr. and Mrs. James R. Hency
Mrs. Ann M. Hous
Mrs. Marilyn N. Hutchinson
Ms. Stephanie Johnston
Mr. and Mrs. Thomas W. Kaiser
Mr. and Mrs. Raymond H. Liston
Ms. Kimberly Lynch
Mrs. Mildred McVey
Ms. Mandy Minick
Ms. Suzette B. Nau
Ms. Erin Paider
Ms. Sandra K. Paxton
Mr. Jay Perez
Mr. and Mrs. Jason J. Pieton
Mr. and Mrs. William Porterfield
Mr. and Mrs. Matt Ringlien
Ms. Amy Simmons
Mr. and Mrs. Matthew Spisak
Mr. Francis Smith
**Mrs. Kelly Stoeckinger
Mrs. Marsha M. Timby
Mr. and Mrs. John W. Weaver
Ms. Joan Zeigler

**Denotes current or past
Kitchen Kapers member

Media Partners



Ellie Merritt
NBC4, Anchor and Reporter
2015 Honorary Spokesperson

We are proud to have Ellie Merritt as our Honorary Spokesperson for the fifth year in a row. In addition, Ellie is proud to be a member of the Kitchen Kapers organization for a third year!

Ellie is a television news anchor and medical reporter at NBC4. She and her husband, Matt, lived in Upper Arlington for ten years. They are the parents of Caroline, 8, and Claire, 5.

Ellie is an Emmy Award winning journalist, who enjoys covering medical and family related stories. You will often find her at OhioHealth Riverside Methodist Hospital working on reports for the

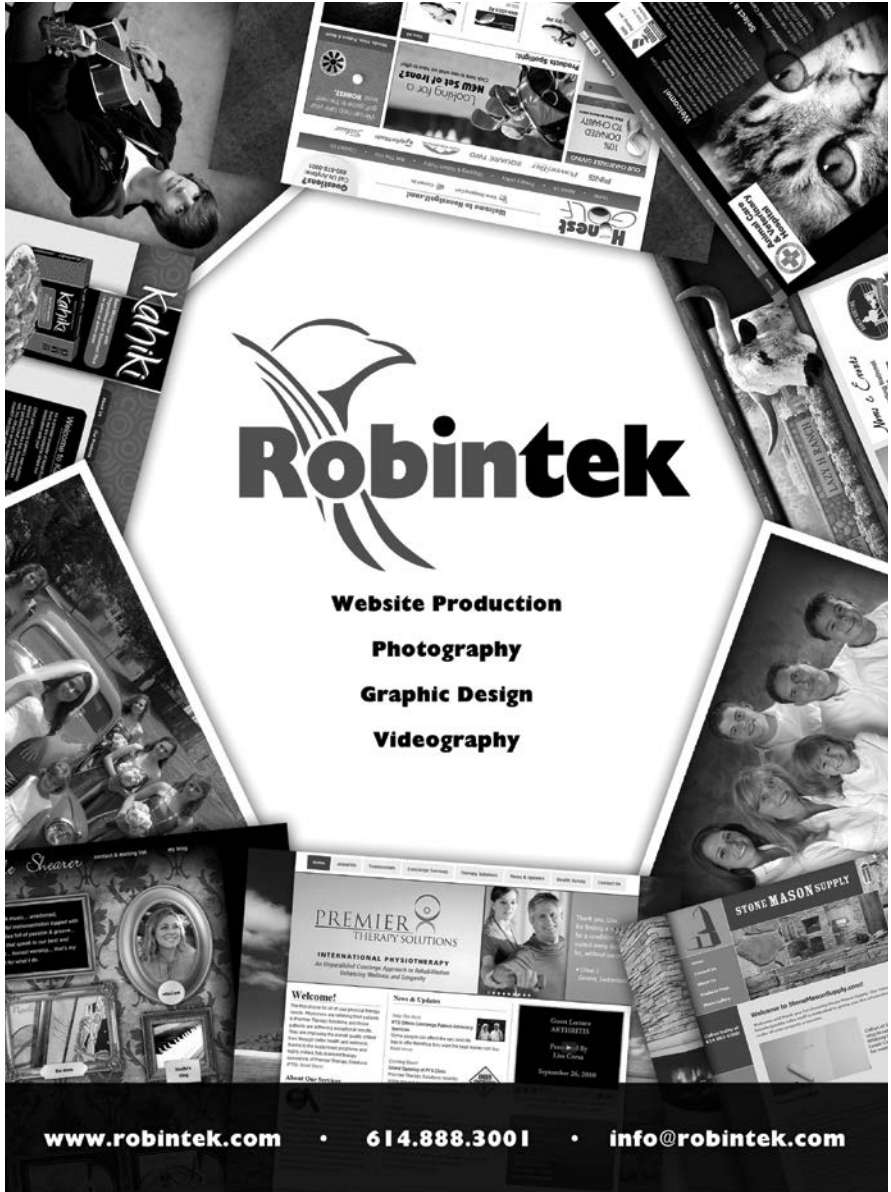
evening news. Ellie loves the adventure that broadcast journalism brings to her life. She has trained with firefighters, reported live from inside a hot air balloon, covered the destruction of severe tornadoes and interviewed political figures and celebrities from all walks of life.

Committed to community service, Ellie volunteers her time for many Columbus-area charities. She spent many years on the Board of Directors of Dress for Success and is a member of the Junior League of Columbus. She often volunteers to emcee charitable events that are close to her heart. In 2004, Ellie ran the Columbus Marathon to raise money for the Leukemia and Lymphoma Society.

Ellie and Matt enjoy traveling, trying new restaurants and spending time with their daughters. They have strong ties to Upper Arlington and a great admiration for the OhioHealth Foundation and all that it does to enrich the lives of the community it serves.



Website Partner



Robintek

Website Production
Photography
Graphic Design
Videography

www.robintek.com • 614.888.3001 • info@robintek.com



The Glass Home

2701 BERWYN ROAD

*Welcome to 2701 Berwyn Rd, the fully remodeled home of Paul and Shannon Glass and their four children. This home, originally built in 1938, became part of the Glass family when they purchased it in 2005. The Glass family lived in the home for a time before making a final decision on how best to customize their space. In 2013 and 2014, under the architectural design of **Stock and Stone Architects** and the building expertise of **Rex General Contracting**, their dreams were made a reality for their forever home.*

In order to meet the Glass family's needs and desires, their space had to accommodate their large family as well as the lifestyle that they enjoy. On the weekends, they welcome other large families and close friends into their home. It is not uncommon to find up to 30 guests visiting at one time! This home is beautifully designed to provide comfort for everyone who enters.

When stepping into the front foyer and living room, you are met with the crisp combination of the white oak hardwood varnished in ebony against the neutral, clean design that carries throughout the first floor. Only two walls in the front living room are original, kept from the previous layout. All others were redistributed to fit the new layout.

Down the first hall and to the left, you will enter into the generously sized mudroom and adjoining first floor laundry. The original stonewall detail adds character to this space, as does the

gorgeous bluestone that is durable and neutral for multiple trips in and out. Just through the first hall and to the right, you will find a generously sized and functional butler's pantry where the family stores food as well as some larger appliances to keep the kitchen looking streamlined. A sliding door on the pantry displays an organizational center and a chalkboard for the monthly schedule. To the right of the pantry entrance is the original master bedroom, now a bonus room. The plan is for this to become a game room for the children as they get older.

Through the pantry and into the kitchen, the impressive marble island, designed and installed by **Modlich Stoneworks**, serves as a nice gathering spot during get-togethers. The glass tile backsplash in "flannel crackle" brings the gorgeous custom Shaker cabinets together with the marble. A four-burner Wolf range serves as a main cooking center with the addition of a Wolf wall range, microwave





oven and warming drawer. The sub-zero refrigerator and freezer completes the impressive appliance collection.

A casual dining space to the left, though large enough to house a sizeable, formal dinner party, is functional enough for daily use. The beverage refrigerator and beverage center stands just behind the dining table.

This beautifully spacious kitchen opens to the large new family room with fireplace. The interior designer for the home showcases the neutral style that the

family prefers with clean lines, neutral but sharp furniture and vintage-flair lighting. The inviting patio doors lead out to the relaxing bluestone covered patio. Future plans may include an outdoor fireplace.

Thank you for taking the time to visit this gorgeous home. Many thanks to the home sponsors, **Rex General Contracting** and **Modlich Stoneworks**, for their contributions to this home and to the Kitchen Kapers organization.

REX GENERAL CONTRACTING INC.

**RESIDENTIAL
REMODELING & CUSTOM
HOME BUILDING**



**3737 Fairlington Dr.
Columbus, Ohio 43220**

**Office: 614.486.3515
Fax: 614.486.0650**

www.rexgeneralcontracting.com

**Your countertop specialists for all of
your Granite, Marble, and Quartz needs.**



2255 Harper Rd.

Columbus, Oh. 43204

614-276-2848

www.modlichstoneworks.com



Cupcakes and Sweet Treats

1750 W. Lane Avenue
Upper Arlington, OH 43221
614.488.3828

www.tinbakery.com
www.facebook.com/tinbakery



Flower Galaxy

Fred Salmons

614.488.8789

**World-Wide Delivery
ALL OCCASIONS
TELEFLORAL**

www.flowergalaxyohio.com



Miller Home

2690 EDINGTON ROAD

Welcome to 2690 Edington Road, the lovely home of Lauren and Ryan Miller and their three children. This spacious ranch home, originally built in 1957, sits on over one acre of land in the highly desirable Canterbury Place subdivision. The Miller family moved into the house in 2012 after completing a major interior and exterior renovation.

In addition to the kitchen remodel, they added a three-car garage and a master suite that includes a full bathroom, walk-in closet, exercise room and attached four-seasons room. The original garage was converted into a fifth bedroom or playroom with an attached full bathroom, breezeway and mud hall. The Millers were able to merge the original Mid-Century architecture with modern updates while keeping unique features such as exposed brick walls, original wood beams and a rotisserie grill in the dining room.

With the help of an architect, the Millers set out to create the perfect kitchen space. The interior renovation began with the conversion of a small

galley kitchen and adjacent bathroom into one large kitchen with an adjacent bathroom. The most eye-catching feature of this kitchen is the original redbrick floor. **The Hamilton Parker Company** helped to seamlessly continue the flooring once a wall was removed to open up the kitchen space. Custom built, Shaker-style cabinets with unique and original details surround the perimeter of the kitchen. There is also a floor-to-ceiling pantry with attached desk and built-in bench seating for the corner breakfast nook. The espresso-stained cabinetry is the perfect accent for the leathered-honed White Springs granite (purchased from **Stone Mart**) that covers the large center island and bordering countertops. Appliances





include a stainless steel Kitchen-Aid built-in refrigerator, Jenn-Air professional oven and range with wall-mount pot filler faucet, Sharp microwave under the center island and Kitchen-Aid dishwasher.

Attached to the Miller's kitchen is an outdoor grilling patio with ample space for entertaining. This covered patio overlooks their large

wooded backyard and a ravine. The scenic backyard was the inspiration for bringing the outdoors in for the home's interior design.

Please stop by and see this amazing home. And join us in thanking home sponsors **OhioHealth Breast and Cancer Surgeons** and **Riverside Radiology and Interventional Associates** for their generous support of Kitchen Kapers.

OhioHealth Breast and Cancer Surgeons



Natalie B. Jones, MD, FACS and Larry J. Lilly, MD, FACS

Dr. Lilly and Dr. Jones have extensive training and experience in breast surgery and dedicate their practice to breast and cancer care. Dr. Lilly is a breast specialist and Dr. Jones is a fellowship trained surgical oncologist with focus on breast cancer and melanoma.

**For more information on OhioHealth Breast
and Cancer Surgeons, please visit
OhioHealthBreastandCancerSurgeonsBing.com
or call (614) 566.2280.**

Stories of Survival: Breast Cancer



WANDA'S STORY
OF SURVIVAL



PATTI'S STORY
OF SURVIVAL



VICKIE'S STORY
OF SURVIVAL

Riverside Radiology and Interventional Associates (RRIA) and Post House, an Emmy Award winning creative content company and video production boutique, are proud to present these short video clip patient stories of incredible courage in the face of breast cancer.

We applaud the willingness of these women to share their stories so that others facing similar challenges can learn how to effectively collaborate with their healthcare providers, including radiologists, to enable the best possible outcome for their situation. You can view and share these with others from the RRIA website at www.RiversideRad.com.



POSTHOUSE.TV



**Riverside Radiology
and Interventional**
Associates, Inc.

www.PostHouse.tv • www.RiversideRad.com

Proud sponsors of the 2015 Kitchen Kapers

Experience the taste, aroma, and simplicity of every Italian home.

Nicola
Restaurant and Bar

- ◆ Dine in & Carryout
- ◆ Catering
- ◆ Banquet rooms
serve 20-100

4740 Reed Rd Upper Arlington 614.459.700
nicolacolumbus.com

Lunch mon-fri 11:30-2:00 Dinner mon-sat 4:30-10:00

chocolate café
FINE CHOCOLATES • COFFEES • DESSERTS • SPIRITS & PEOPLE

 **DeSantis**
FLORISTS INC.

4460 Kenny Road
Columbus, OH 43220
(614) 451.4414
desantisflor.com



Halley Home

2283 TREMONT ROAD

*Welcome to 2283 Tremont Road, home of Katie and Brad Halley and their two children. The Halleys purchased the home five years ago. Over time, they realized that the additions and renovations previously made to the house left the space feeling disjointed and dark. Seeking a solution to create a warmer family-friendly space that reflected their personal taste and style, the Halleys employed the help of architect **Gary Alexander**. Contractor **Todd Schmidt** of **Renovations Unlimited, Inc.** helped bring their new kitchen, dining room and great room to life in just six months. Katie also called upon interior designer **Brad Yandow** of **Renovations Unlimited, Inc.** to help design the new, vibrant space.*

The original floor plan for their home included a lot of dark wood and outdated features. The kitchen previously occupied the space that now features a fabulous banquette, which is one of Katie's favorite features. The banquette was custom built by **Renovations Unlimited, Inc.** and features a fun, bold fabric. Your eye will be drawn up to the unique lighting fixture above the banquette. Although separate from the kitchen and great room, the colorful banquette is where the family often finds themselves eating meals or where the children can sit down to do homework. It is removed just enough to provide a break from distractions while still feeling connected to the rest of the open-concept space.

The newly designed kitchen features a furniture-style island topped with Romano Delicatus granite with a cove edge. Highlighting the gray, white and beige colors of the granite, the Halley's backsplash is composed of Calcutta two-inch hexagon tile with white grout

from **The Hamilton Parker Company**. The perimeter cabinetry is Griffin in maple and painted white, while the island cabinetry is Westerly in cherry with a java stain. Two sparkling glass drop chandeliers accent the kitchen island. Katie's love of cooking and her daughter's love of baking are made that much easier with a 36-inch Wolf gas cooktop and a 30-inch Provisions double oven. The refrigerator is a 48-inch Subzero.

Part of the Halley's goal in redesigning the space was to create an open concept that features the great room fireplace as a focal point. Outdated built-in bookcases were removed and replaced with a custom-built feature wall. The cabinets here are the same white cabinetry found in the kitchen; however, these do not feature the nickel glaze. They chose the leathered Bianco Antico countertops for the mini-bar and fireplace surround to resemble those in the kitchen but with a more casual feel for this part of the home. A three-by-six-inch Calcutta subway tile with white





grout is featured on the backsplash. The Halley's great room features a vaulted 14-foot ceiling with wooden beams. The beams are stained to match the cabinetry of the kitchen island, and the ceiling is painted white to continue the warm, comfortable feeling of the space. A Jacobean-stained oak floor perfectly ties together the layout.

A mudroom, which connects the kitchen and great room to the garage, was also part of the project, along with a new outdoor kitchen and pool area. The outdoor kitchen features a 36-inch Provisions grill and honed Bianco Antico granite on the countertops. The addition of this outdoor

kitchen and patio allows the family to enjoy both their pool and meals together with friends without the added worry of ruining the hardwood floors with wet, chlorine-laden feet and swimsuits.

We know you will love touring this warm, inviting open-concept great room and kitchen, which reflects the homeowners' personal design style. Please join us in thanking **Renovations Unlimited, Inc.** and **Gary Alexander Architects** for their continued support of Kitchen Kapers as home sponsors for the Halley home.

You Dream, We Build.



**1933 Harrisburg Pike
Grove City, OH
614.594.0004**

www.renovationsunlimited.com

Art-in-Medicine Interaction

Kitchen Kapers would like to thank Jennifer McHale, art therapist, for providing an opportunity to see how art impacts others.

The Arts in Medicine Program at OhioHealth Riverside Methodist Hospital is designed to provide oncology/hematology patients and their families an opportunity to utilize various art processes and creative outlets to assist in self-expression, reduce stress and provide outlets to explore emotions and concerns. The art therapist provides both individual and group therapy in both inpatient and outpatient settings.



Kitchen Kapers appreciates John Morgan for sharing his musical talents during the tour today. John is a current Artist in Residence at Riverside Methodist Hospital.

***John Morgan Acoustic Guitar
for All Occasions***

www.morganguitar.com
John@morganguitar.com
614-898-9101

PIADA

ITALIAN STREET FOOD

Serving up our limited edition seasonal sides, available exclusively at Piada Upper Arlington.



catering

TAILGATING THE EASY WAY



CALL AHEAD TO ORDER

Chick-fil-A Sawmill Road
(614) 717-9404
www.cfawmill.com

· pickup or delivery ·

Chapel Hill Florist

Weddings
Sympathy
Special
Occasions



Gourmet Baskets
Balloons
Fine Gifts &
Accessories

614-487-9190 • 1201 Grandview Ave. • Columbus, Ohio 43212
Fax 614-488-9772 • chapelhillfloristshop.com



Heath Home

2035 TREMONT ROAD

Welcome to 2035 Tremont Road, home of Mark and Leslie Heath and their four boys. The home was built in 1918 on a historic lot in Upper Arlington and is one of the oldest homes in the area.

As you enter the Heath kitchen, you can't help but notice the natural light that pours into the room from the french doors that lead to the patio and from the expansive windows framing two of the walls of this addition. The homeowners helped to bring this bright, family-friendly design to life with the help of their architect and contractor. Originally, the kitchen was where their home office now sits. After carefully considering the unique qualities of their lot, their architect suggested building a garage into the slope of their lot and adding a kitchen on top of the garage. In doing this, they created an entirely new kitchen space, which also houses their mudroom, laundry room and half bathroom.

Practicality and functionality, without foregoing design, were the Heath's main focus in creating this exciting, new space. With four boys and their busy schedules, the family of six often finds

themselves eating at the generous island that anchors the kitchen. The island is topped with Colonial Cream granite with a leathered finish. The leathered look appealed to the homeowners as it helps to make their space both current and timeless. The cabinets are a Shaker style. The white upper cabinets help brighten the space, and they complement the base cabinets of the island, which are stained to match the coffered ceiling that accents the kitchen. Above the island are impressive pendant lights. The appliances, including an Electrolux double oven and a cooktop from Fisher and Paykel, make preparing everyday meals as well as the food for their annual Christmas party a breeze.

The Heaths wanted the look of wood flooring but the durability of something stronger to withstand four boys (along with all their sports gear and friends) and the family dog, Rex. They found





a beautiful 6 x 24-inch faux wood tile in Rawhide from **The Hamilton Parker Company**. Because the kitchen is over the garage, it was important to the Heaths to keep the space warm and inviting, which is why they installed heated floors. This space has now become one of the warmest rooms in the house.

In creating this new addition, they recognized the need for a new flow

for guests entering and leaving their home. The home's new entry paths and landscaping complement the changes made inside. While touring this warm, inviting home please take a moment to thank their home sponsors **Premier at Sawmill Athletic Club** as well as **Columbus Oncology and Hematology Associates** for their support of Kitchen Kapers this year.

PREMIER

▪ AT SAWMILL ▪
ATHLETIC CLUB

Home Away From Home

New Member Special

Join Premier by September 31, 2015 and receive

\$0 enrollment and \$100 Premier Gift Card
A \$250 Savings



Spinning • Les Mills BodyPump • Les Mills GRIT • Zumba and more

Gift Cards
can be used for
Kid's Programming
Swim Lessons • Bistro
Personal/Group Training
GRIT - HIIT Training

A Premier Membership includes:

- Over 80 Group Fitness Classes
- Two Supervised Kids Areas, ages 6 weeks to 12 years
- Year-Round Indoor Pool and Water Fitness
- Running Track & MORE

premieratsawmill.com facebook.com/premier.sawmill
614.336.CLUB (2582)



two caterers
contemporary cuisine

a fun company that is serious about food

(614) 882-7323 | twocaterers.com
500 S High St. Columbus, OH 43215

The Wine Bistro

Marsha Ballmann, General Manager
1750 WEST LANE AVENUE, SUITE 100
UPPER ARLINGTON, OH 43221
614.485.1750
LANEWINEBISTRO@YAHOO.COM
WWW.WINEBISTROCOLUMBUS.COM

14 E. Hubbard Avenue
Columbus, OH 43215
614.754.1697
www.thepaperdaisy.com





Patient Stories

ANNE'S STORY — BREAST CANCER

I Wanted the Least Invasive Treatment Possible

When Anne Athmer learned on her 48th birthday that she had breast cancer, all she knew for sure was that she wanted to proceed with the healthiest, least invasive course of treatment.

“For a lot of women, breast conservation is a priority,” said the wife, mother and accountant from Dayton, Ohio. “My priority was to get all the cancer out with the least amount of damage to my body. I didn’t object to losing my breast, if that was the best. That said, a mastectomy involves a more extended recovery than simply removing a lump.”

For Anne, it was a test or a doctor’s appointment every day for three solid weeks, not to mention that at work it was the start of tax season. “Some tests suggested more advanced cancer than originally thought, so I felt it necessary to get second opinions regarding treatment,” she said. “But I was also getting exhausted.”

A cousin recommended that she take advantage of a Second Opinion Clinic offered through OhioHealth at the Riverside Breast Health Center. “Do you mean that in half a day I can get done what’s taken me the last three weeks to accomplish?” she asked. “I’m there. Say when.”

The Second Opinion Clinic Gave Me a Clear Understanding of My Best Options

At the clinic, a surgeon examined her. Then a multidisciplinary team of cancer specialists — all volunteering their own time — reviewed Anne’s case. Anne and her family spent the rest of the afternoon learning much more about her particular case and best possible treatment.

“The Second Opinion Clinic was a clarifying day for me,” Anne said. “The team was extremely thorough. Each doctor presented opinions clearly and the possible results from each option. We were all comfortable with asking questions, and sometimes two or three of the team members would answer the same question from the perspective of his or her specialty.”

“The Second Opinion Clinic was a clarifying day for me. The team was extremely thorough.”

Reflecting on it, Anne said she found it difficult to put into words how thankful she is to the Second Opinion Clinic team, who gave her the time she needed to be comfortable in her decision. “To me, being thoroughly informed means five or ten years from now, I’ll have no regrets,” she said. “As a patient, you have the responsibility to become educated in order to pursue the course of treatment that’s right for you.”



Kennedy Home

2124 TREMONT ROAD

Welcome to 2124 Tremont Road, home of Steve and Catherine Kennedy and their two children. The home was built in 2001 on a lot in historic Upper Arlington. Jim Tressel, former OSU football coach, and his wife Ellen purchased the home while it was under construction and made various modifications and finish selections reflecting their personal style. The buckeye leaf doorknocker is a present Coach Tressel received when the Buckeyes won the National Championship in 2002. Two other families have lived in the home since the Tressels and before the Kennedys.

When the Kennedys purchased the home in September 2013, the first floor had bright wall colors, including shades of red, green, orange and yellow, as well as bronze and gold hardware and fixtures. Catherine and Steve prefer a neutral palette, so they embarked on a six-week renovation to neutralize and update the home's style. The Kennedys hired **Derrick Layer, LLC**, who gave the home a total facelift. Derrick's team painted the walls on the first floor complementary shades of gray (Sherwin-Williams Mindful, Dorian Gray and Dovetail). The house had Brazilian cherry floors in the front hall and dining room, which the Kennedys extended throughout the first floor, replacing carpet in the family room and office and tile in the kitchen. They changed all of the door hardware, sink faucets and switch plates to brushed nickel. The kitchen had high-quality original cabinets, but they were natural wood. Catherine wanted a white kitchen,

so Derrick's team painted the original raised-panel cabinets white, the island cabinets a light gray and installed new brushed-nickel hardware. The original light fixtures were a dark bronze, and there was only one fixture over the large island. The Kennedys replaced these lights with brushed nickel fixtures and added a second fixture over the island. The existing appliances were a mix of finishes and were replaced with stainless steel Kitchen-Aid appliances. The window treatments and blinds were also removed to allow more light into the space.

The previous owner had constructed the large open-air patio in the backyard. To create more versatile outdoor space, the Kennedys turned the section of open patio outside the family room into a screened-in porch. They selected two rustic chandeliers and added additional lighting with wall sconces and skylights.





To add connectivity between the family room and porch, they replaced the single door leading to the new porch with french doors. Catherine added new decor and furniture, both inside and out, to reflect their style and complete the facelift. The beautiful gray-toned area rug in the family room was purchased from **K.A. Menendian**.

Thank you for visiting this gorgeous home and for appreciating the tremendous impact that a kitchen facelift and supporting projects can make. While touring the home, please thank **Derrick Layer Custom Homes & Remodeling, LLC** and **CoverMyMeds** for their generous support as home sponsors.



**Derrick
Layer**

Custom Homes & Remodeling LLC

614.481.9100



One of the fastest growing health care IT companies in the U.S.

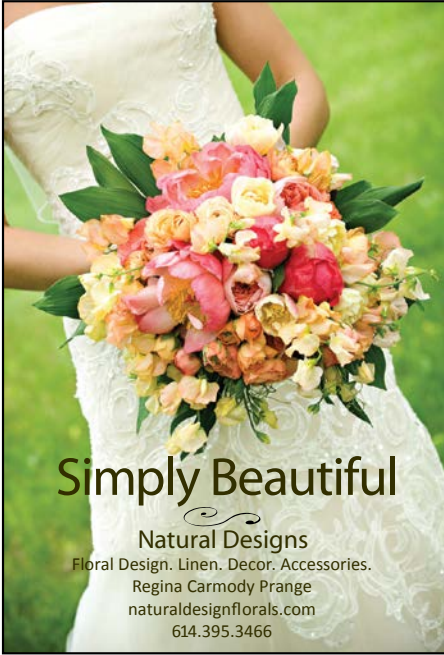
covermymeds®

CoverMyMeds is committed to helping patients receive the medication they need to lead healthier lives. We proudly support Kitchen Kapers and their mission to improve the lives of patients committed to beating cancer.

covermymeds.com

FLORAL SPONSOR
2124 TREMONT ROAD

RESTAURANT SPONSORS
2124 TREMONT ROAD



Simply Beautiful

Natural Designs

Floral Design. Linen. Decor. Accessories.
Regina Carmody Prange
naturaldesignflorals.com
614.395.3466

Blue & Fig



FOOD • FLOWERS • FLAIR

Don't wait to celebrate

www.blueandfig@gmail.com
614.395.3466



WATER SPONSOR

Kitchen Kapers would like to graciously thank Dublin Cleaners for their support and donation of water to the event.





Mahan Home

2457 KENSINGTON DRIVE

Welcome to 2457 Kensington Drive, home of Jacquie Mahan and her two sons. The home was originally built in 1996, purchased in 2011 and remodeled by Jacquie in 2013. She grew up in Upper Arlington and wanted to return to the area to raise her family.

Jacque's architect and designer helped bring her vision of style and functionality to this family-friendly home. The traditional exterior gives way to the bright, contemporary interior with Art Deco influences. The impressive two-story entry leads past the dining room into the open-concept kitchen and great room. The entire space is bathed in natural light, which reflects off of the glass tile backsplash. The cabinetry was designed by the architect and built by home sponsor **Stan Cooley of Cooley Custom Cabinetry**. The crisp white finish is complemented by polished stainless steel hardware and glass fronts on alternating upper cabinets. The substantial refrigerator by SubZero and dishwasher by Asko have the same facing as the cabinetry, which seamlessly blend with the rest of the kitchen. The countertops are honed Absolute Black granite, which both contrast and complement the white cabinetry. The 36-inch Viking range allows for effortless meal preparation. The deep stainless steel farmhouse sink is topped with a professional-grade Hansgrohe Citterio faucet.

The homeowner also wanted the kitchen accessible to her two young sons. There is a comfortable built-in banquette for casual family meals. The black glass-topped table can be configured in multiple ways to accommodate guests. There is a SubZero beverage center at one end of the banquette and a Viking drawer unit that sits low in the center island to allow both family and guests to help themselves. The Sonneman Paramount drum pendant light fixtures above the island provide soft bright light to continue the Art Deco influence. The white barstools are a comfortable spot to have a quick snack or socialize while meals are being prepared.

The designer and homeowner chose neutral walls to showcase her impressive art collection. The family portraits and works by various artists, as well as pieces with a touch of whimsy, add warmth to this lovely home. Please enjoy your tour of this beautiful and bright kitchen. And please thank **Cooley Custom Cabinetry** and **K.A. Menendian Rug Gallery** for sponsoring this family-friendly, contemporary home.





MODERN
CLASSIC
TIMELESS

COOLEY

CUSTOM CABINETRY

2850 ROSEDALE PC ROAD
PLAIN CITY, OHIO 614.873.5954
WWW.COOLEYCC.COM

 COOLEY CUSTOM CABINETRY

CELEBRATING
28 YEARS OF
EXCELLENCE.



K.A. MENENDIAN



TIMELESS DESIGNS
FOR EVERY STYLE,
ROOM AND BUDGET

EST. 1910

K.A. Menendian

RUG GALLERY

Sales - Cleaning - Repair - Appraisal





Award Winning Food

Impeccable Service

Attention to Detail

Over Thirty Years of
Passionate Service to
Central Ohio

1221 Chesapeake Avenue • Columbus, OH 43212
(614) 486-1221 (office) • (614) 203-2021 (cell)
www.stevenscatering.com

Z

c u c i n a
di spirito

ristorante & bar





Patient Stories

CHERYL'S STORY — PANCREATIC CANCER

Cheryl's Surgeon - Dr. Jack Matyas General Surgery

My Surgeon is the Most Compassionate Doctor I've Ever Met

Cheryl couldn't have imagined that the pain in her legs and the unbearable itching that brought her to OhioHealth Riverside Methodist Hospital would turn out to be the symptoms of pancreatic cancer. She braced herself for several rounds of radiation therapy followed by additional rounds of chemotherapy.

"Meeting Dr. Matyas for the first time did a lot to lift my spirits," Cheryl says. Riverside Methodist surgical oncologist Dr. Jack Matyas routinely visits patients to give them reassurance and personally answer their questions. "Every surgical resident should be required to take a course with Dr. Matyas to learn about bedside manner," Cheryl states. "He is so warm and friendly...by far, the most compassionate doctor I've ever met. It gave me so much comfort to know he was there for me."

"Every surgical resident should be required to take a course with Dr. Matyas to learn about bedside manner."

You Have to Give Yourself Time to Heal

Although she still had several rounds of chemotherapy left before she could undergo surgery to remove the tumor, Cheryl returned to work. The realization that her treatment had made her weaker than she thought came almost too late.

It was Mother's Day, and Cheryl wasn't feeling well. She later passed out and fell. By the time her husband had called 911 and returned to her side, Cheryl had no pulse. Their medically-trained neighbor saved her life, but Cheryl had fractured a vertebra in her neck. She was informed by an orthopedic specialist that she would need to stop her chemotherapy and postpone her surgery to remove the tumor so that he could operate on her fractured neck.

After consulting with Dr. Matyas, Cheryl agreed to have the operation and he visited her frequently afterwards. One day, after a CT scan, Dr. Matyas told her the tumor was no longer visible. "Now is the time to do the surgery," he said. The complicated surgery took several hours, and Cheryl was told she would be in a lot of pain. However, a week later she felt great. "Even with all the feeding tubes, I had no pain at all," she exclaims.

Cheryl is grateful for the Riverside Methodist cancer care team and gives them much of the credit for her steady recovery. It may also have something to do with Cheryl's positive attitude. Even after months of hospitalization, she remains cheerful. Cheryl declares, "At least there's one good thing that's come out of all of this. I've lost 100 pounds!"



McKenna Home

2454 KENSINGTON DRIVE

Welcome to the home of the McKenna family, located at 2454 Kensington Drive in south Upper Arlington. Jenny, Shawn and their three boys have been enjoying their 1930s home for the past two years. The McKennas fell in love with the outdoor space that features a pool and saw the potential for this house to be their life-long home and the place to hold their large family gatherings.

Shortly after moving, the McKennas planned a small kitchen renovation that grew into the extensive renovation that seamlessly streams into their beautiful outdoor space. Shawn assumed the role of general contractor. The complete kitchen remodel and expansion involved removing the original dining room space, adding an updated laundry room and creating a lovely walk-in pantry.

When you first walk into this kitchen, you will notice the expansive, L-shaped island that features two different materials for the surface top. One side of the island is crafted from honed white Carrera and gray marble and the other side is a beautiful black walnut, which is home to six barstools for casual eating. The ample painted inset cabinetry is a mix of white and blue-gray, a color that is used to frame the cooktop area and house the island. All the custom cabinetry is adorned with beautiful matte-gray handles and knobs

from **InHome Concepts**. The expansion of the space allowed the McKennas to create a wet bar with overhead cabinetry that incorporates the original leaded glass cabinet fronts found throughout the home. The appliances include double ovens by Kitchenaid, a spacious Thermador counter-depth refrigerator, a Viking six-burner gas stovetop and a convenient icemaker in the wet bar, perfect for entertaining.

The designer of the project made sure to delicately mix the homeowner's modern style with the 1930s traditional charm of the home. Jenny showed her designer the magazine design photos that she had collected, and together they were able to achieve this blend of old and new. Elements that combine the styles include the ceramic tile that is in a basket-weave pattern and a textured diamond design in white with gray accents, all purchased from **Classico Tile and Marble**. The gray





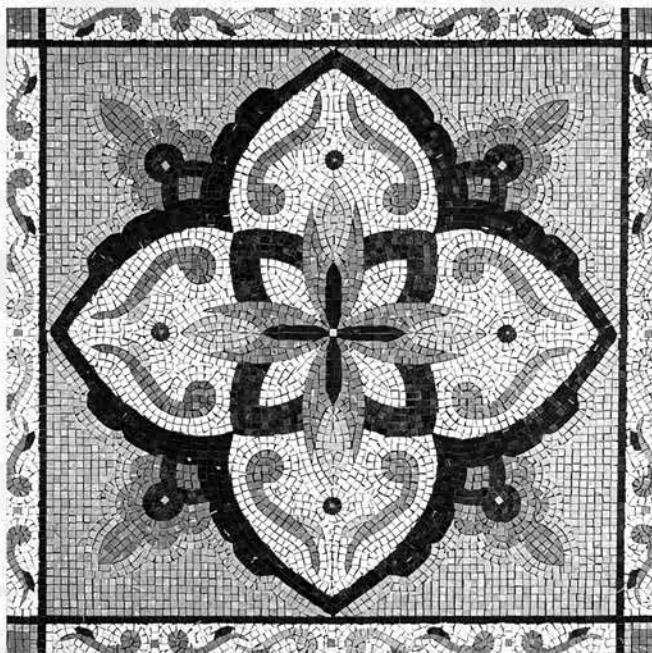
tones used throughout the kitchen are accented with a teal color that is seen in the pantry wallpaper and in the fun, funky pattern of the Sunbrella fabric on the barstools. Another notable design feature is the use of weathered gray wood on the barn doors that open to the pantry and laundry room and on the overhead beam in the dining area.

Other projects completed during the renovation include the instillation of a new driveway and patio and the addition of hardscape and landscape around the

pool as well as in the front of the home, which was designed and created by a landscape architect.

The McKenna's home is perfect for all of their entertaining needs, which range from small family gatherings to hosting all of the families of the lacrosse team. You do not want to miss this beautifully updated home. Please join Kitchen Kapers in thanking this home's sponsors, **Classico Tile and Marble** for their generous, nearly 15 years of support and **InHome Concepts**.

CREATE A TIMELESS DESIGN



CLASSICO PRESENTS A UNIQUE APPROACH TO
FINE DESIGN USING ARTISTIC TILES AND
NATURAL STONES... DOMESTIC AND IMPORTED



614.291.5909

1196 W. THIRD AVENUE COLUMBUS, OHIO 43212

BY APPOINTMENT ONLY

Introducing the Flute Collection



authorized distributor of

ROCKY MOUNTAIN®
H A R D W A R E

SOLID BRONZE ARCHITECTURAL HARDWARE

www.rockymountainhardware.com



3051 Northwest Boulevard • Columbus, Ohio 43221 • (614) 824.2138



Moretti's of Arlington

2124 Tremont Center
Upper Arlington, Ohio 43221
614.486.2333
www.morettisofarlington.com



2136 Arlington Avenue
Upper Arlington, OH 43221

www.bloomtastic.com
arlington@bloomtastic.com

(p) 614 | 538.1010
(f) 614 | 304.6100



Patient Stories

ALVIN'S STORY — PANCREATIC CANCER

Hepatobiliary surgeons John Matyas, MD, and Keith Nichols, MD, each have in their offices at OhioHealth Riverside Methodist Hospital a small bookshelf built by one of their patients — Alvin. The shelves were Alvin's way of heeding their advice to “keep moving” as he recovered from surgery for pancreatic cancer and thanking them for getting him through such a complicated surgery in the first place.

It Was a Complex Surgery, but Riverside Has Highly Experienced Surgeons

Alvin had undergone the Whipple procedure— or pancreaticoduodenectomy — at Riverside Methodist. The only chance for cure of his disease, the Whipple involves the removal of the gallbladder, common bile duct, a portion of the duodenum and the head of the pancreas.

It is a complex procedure that once had a mortality rate as high as 20 to 30 percent. At hospitals considered high-volume, such as Riverside Methodist, where specialized surgeons perform 10 or more procedures a year, the mortality is now 4 to 5 percent.

“There are not many doctors I know who call your wife twice a day while you’re in the hospital to tell her how you’re doing, but these two doctors did.”

“Other than arthritis, I have felt well most of my life, so I was scared to death going into that surgery,” Alvin recalled. “But Dr. Matyas made me feel at ease. He used the paper on the examining table I was sitting on to draw exactly what he was going to do to me in surgery. He told me I’d be in the hospital for up to two weeks afterward... that I would probably need chemo and radiation... how sick I’d be at first... and that after six or eight months, I’d start to feel human again. And so far, he’s been right on the money.”

He’s had no pain since the surgery, though he still feels a bit tired and worn out. “Dr. Matyas told me the more I move around, the better I’m going to feel, so I decided to build him and Dr. Nichols some bookshelves,” he said.

“There are not many doctors I know who call your wife twice a day while you’re in the hospital to tell her how you’re doing, but these two doctors did,” Alvin said, adding the entire team who cared for him gave him their very best. “Considering what they’re able to do, they’re not highfalutin or stand-offish. They’re like family to us.”



BEHAL SAMPSON DIETZ

ARCHITECTURE & CONSTRUCTION



Proud Supporter of the 2015 Kitchen Kapers Tour

www.behalsampsondietz.com



Patient Stories

PAUL'S STORY — KIDNEY CANCER

I Thought It Was Appendicitis

Paul tries to work out three times a week and generally feels good, so it was unusual to feel ill after a normal workout and even more unusual to still feel unwell the next day.

Thinking he might have appendicitis, Paul went to see his primary care physician who, knowing that Paul rarely complains about pain, sent him directly to the Emergency Department at OhioHealth Riverside Methodist Hospital. That's when a CAT scan revealed a 12 cm (nearly 5 inch) tumor near his left kidney.

Finding a Large Tumor Was Scary, but My Surgeon Was Optimistic

"I saw the size of the tumor and my concern was that it was going to spread," Paul said. "I started to make other plans and think about what my wife would do."

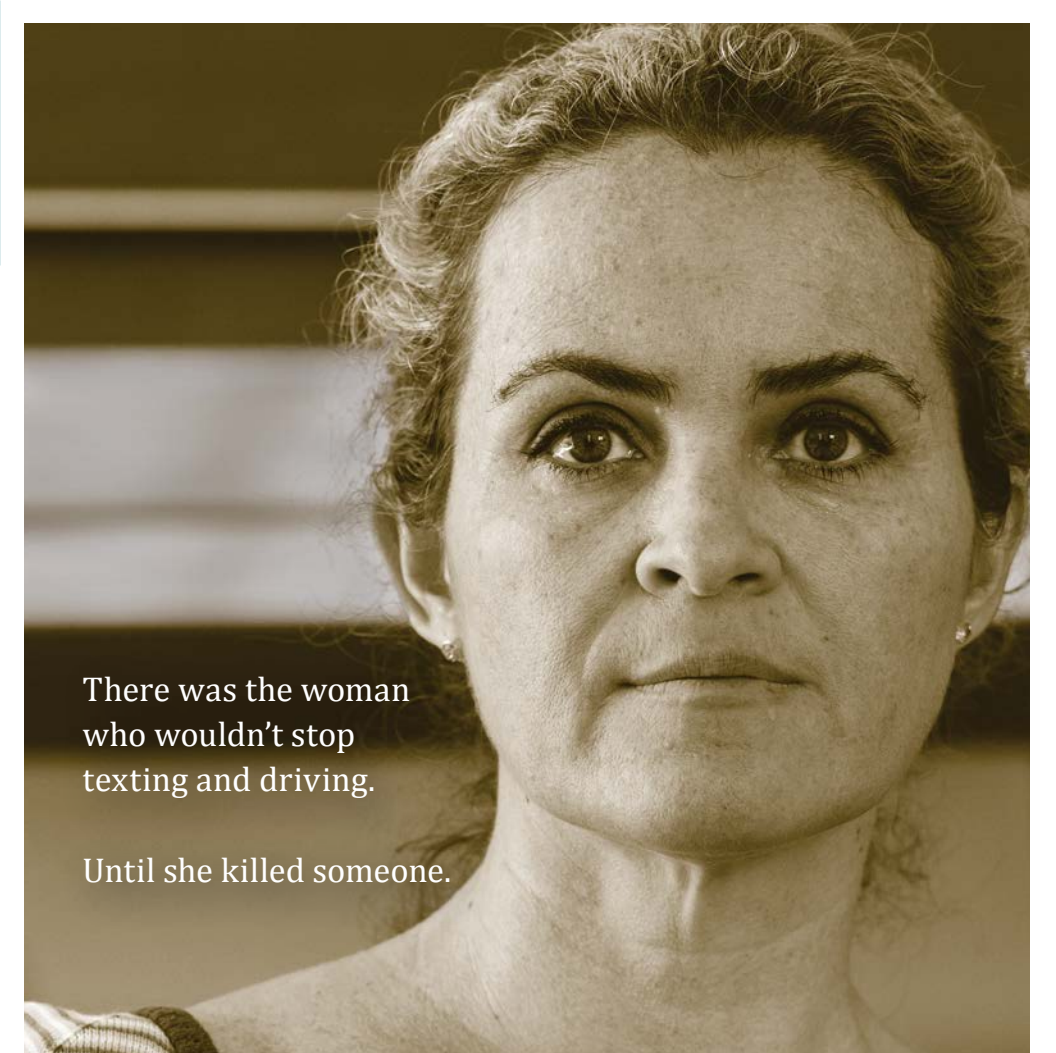
"Riverside Methodist Hospital is a great place to go," Paul said. "It's all about the culture, the sense of caring."

Surgery took place exactly 14 days after that trip to the gym. The laparoscopic procedure, which required only a small incision, removed the tumor. His physicians and team were cautiously optimistic that it had been removed completely and they were right. Within a week, Paul was walking two miles. Within two weeks, he was driving. Within three, he was back at the gym.

The tumor, which was removed by Fadel Elkhairi, MD, was clear cell renal cancer, a type of kidney cancer. It hadn't spread. And in December, he received the news that he was cancer-free.

A Caring Culture Was Essential to My Cancer Treatment

"If you're going to be sick, Riverside Methodist Hospital is a great place to go," Paul said. "It's all about the culture, the sense of caring, the feeling like you're not just someone taking up time. It's a place to go to be treated well."



There was the woman
who wouldn't stop
texting and driving.

Until she killed someone.

Sometimes, the people you know and love take a wrong turn somewhere, and have trouble finding their way back. At The Koffel Law Firm, we've spent the last two decades working with counselors, psychologists, medical doctors and treatment facilities to help people with both the legal and emotional fallout of being charged with a crime. So if you know of someone who's facing criminal charges involving drugs, alcohol, sex or just good old-fashioned greed, get them more than just legal help. Get them to us.

THE KOFFEL LAW FIRM

The Watermark Island Building

1801 Watermark Drive, Suite 350 Columbus, Ohio 43215 614.884.1100 koffellaw.com



That's the Spirit!

Here to cheer you on.

Here to protect what matters most.

Ray Insurance Agency

1580 Fishinger Rd

Columbus, OH 43221

614-459-1122

info@rayinsurance.com

www.rayinsurance.com

Erie Insurance Exchange, Erie Insurance Co., Erie Insurance Property & Casualty Co., Flagship City Insurance Co. and Erie Family Life Insurance Co. (Erie, PA) or Erie Insurance Co. of New York (Rochester, NY). Company licensure details at erieinsurance.com. CMS149a 1/15



Erie
Insurance®

Above all in **serVice™**

90
Years
of Service
1925-2015



“A woman should have three things;
a good pair of shoes,
a great handbag,
and a fabulous hairdresser.”

jacob neal salon

650 North High Street, Columbus OH 43215

614-233-8500

jacobneal.com



MIDWEST
Breast & Aesthetic Surgery



KITCHEN
KRAFT

"Make Yourself at Home"

**In-Home Design
Consultation for
Kitchens & Baths**

Free stainless steel dishwasher
with any full kitchen remodel.

614.449.7200
kitchenkraftinc.com

Free 50 sq. ft. of heated flooring
and programmable thermostat
with any full bathroom remodel.



Susan Matrka Interiors
SusanMatrka.com

PROUD SUPPORTER OF KITCHEN KAPERS

Martin

CARPET CLEANING CO.
ESTABLISHED 1890



4TH GENERATION

CARPET • AREA RUGS • FURNITURE • TILE & GROUT

RESIDENTIAL AND COMMERCIAL

- Van powered steam extraction system
- Powerful Equipment: Removes the deepest soil and leaves carpet & tile practically dry
- Special attention to spots and traffic areas
- Specialists in stain resistant & Berber carpet

IN PLANT CLEANING OF AREA RUGS

- Central Ohio's most modern on-site rug washing facility
- All types: Oriental, Dhurries, Braided, Design, Domestic, etc.
- Rugs thoroughly cleaned as recommended by leading importers and manufacturers
- Pet odor and Stain Protection Specialists
- Pick-up and delivery or **20% DISCOUNT ON CASH AND CARRY** or drop-off your rug at any Swan Cleaners



795 S. Wall Street, Cols. 43206
Mon-Fri 8-5:30 • Sat 8-12

MartinCarpetCleaning.com



443-4655

**TIMELESS KITCHEN DESIGNS
TAILORED TO YOUR HOME & LIFESTYLE**

STOCK & STONE ARCHITECTS IS HONORED TO
SUPPORT KITCHEN KAPERS
VISIT OUR HOME REMODEL AND KITCHEN DESIGN AT
2701 BERWYN ROAD

STOCK & STONE
ARCHITECTS • LLC

3686 North High Street Columbus, Ohio 43214 614-261-5810
SPECIALIZING IN FINE CUSTOM HOMES AND PERIOD RENOVATIONS

Raffle

Remember to sign your ticket to enter our raffle for a beautiful necklace and pair of earrings generously donated by Jeff Johnson & Co.

Jeff Johnson & Co.
CREATORS OF FINE JEWELRY



Owned And Operated By NRT LLC.

TONY & KRYSTIN MACALUSO, REALTORS®

**COLDWELL
BANKER**

KING THOMPSON

3160 Kingsdale Center
Columbus, OH 43221

Office: (614) 324-4032

Tony: (614) 778-4028, Tony.Macaluso@kingthompson.com

Krystin: (614) 582-9082, Krystin.Macaluso@kingthompson.com

www.TonyandKrystin.com



EQUAL HOUSING
OPPORTUNITY

DAHMAN LAW

Exceptional, *client-focused* legal services.



2140 Tremont Road
Upper Arlington, OH 43221
HuffmansMarket.com
614-486-5336

Investment leadership.

Anybody can give you investment advice. That's because advice is easy.

What you need is leadership.
Thought leadership. Personal leadership. Investment leadership.

Leadership is pointed. It's long-term. It's accountable. And that's what Hamilton Capital Management provides. To all our clients. Every day.

Need some? Call us.



HAMILTON
CAPITAL MANAGEMENT

REGISTERED INVESTMENT ADVISER

5025 Arlington Centre Blvd., Suite 300,
Columbus, Ohio 43220
614-273-1000 • www.hamiltoncapital.com

GRANITE
MARBLE
SLATE

HONING OUR CRAFT — SINCE 1928 —

SPECIALIZING IN
UNIQUE PROJECTS
AND CUSTOM FINISHES

- *Countertops*
- *Fireplaces*
- *Tub Decks*
- *Stone Tile*
- *Stone Sinks*
- *Polished, honed
and brushed surfaces*

CHESTER A.
SMITH, INC.

1330 Norton Avenue, Columbus, Ohio 43212

614-294-5271





Custom Interior/Exterior Painting
and
Cabinetry Refinishing in our Spray Shop
Always free estimates.

www.classic-inc.com

1061 Goodale Blvd. Columbus, Ohio 43212

call 614-221-0505



Where *design* comes home



Tile | Masonry | Insulation | Garage Doors | Fireplaces

HamiltonParker.com



1865 Leonard Ave
Columbus, OH 43219

188. E William St
Delaware, OH 43015

2931 E. Kemper Rd
Sharonville, OH 45241

AMY SHAW DESIGNS

614-890-4202

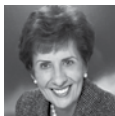
AMYSHAWDESIGNS7@GMAIL.COM



THE COOK YUHAS TEAM

Proudly Supports

KITCHEN
KAPERERS



SHARON COOK
614.324.4009



HANNAH YUHAS
614.324.4008



ANNE DEVOE
614.579.5713



BARBARA ROBERTSON
614.746.7272



KING THOMPSON

Independently Owned And Operated By NRT Incorporated.

WWW.COOKYUHASTEAM.COM

Buckeye Donuts



1363 S. High St
Columbus, Ohio 43207
614-443-7470

ASHLAND®

Ashland
is proud to support

Kitchen Kapers

and its mission to improve the
quality of life for those in need.

To learn more about Ashland and its
community involvement,
visit ashland.com/commitments

* Registered trademark, Ashland or its subsidiaries, registered in various countries
© 2015, Ashland AD-13264



Civil & Environmental Consultants, Inc.



A Proud Kitchen Kapers Sponsor

Industries

- ▶ Manufacturing
- ▶ Mining
- ▶ Natural Gas
- ▶ Power
- ▶ Public Sector
- ▶ Real Estate
- ▶ Solid Waste

Services

- ▶ Civil Engineering
- ▶ Ecological Sciences
- ▶ Environmental Engineering & Sciences
- ▶ Waste Management
- ▶ Water Resources

Local Contact:

Bill Acton | bacton@cecinc.com
250 Old Wilson Bridge Road, Suite 250
Worthington, Ohio 43085
P: 888-598-6808

www.cecinc.com



Selected "**Top Orthodontists**,"
as seen in Columbus Monthly Magazine.

Orthodontics for Children & Adults



Cook & Mess Orthodontics

Victor J. Cook, Jr., DDS, MS | Joseph M. Mess, DDS, MS
Specialists in Orthodontics

We'll Make You Smile!

Columbus Office
4775 Knightsbridge Blvd.

Upper Arlington Office
2060 Arlington Ave.

614.457.6567 www.cookorthodontics.com



a little Birdie told me...
birdiebrennan
 PROFESSIONAL ORGANIZERS

Solutions for Getting & Staying Organized!®

Our clients feel that they have more energy and less stress as the result of having an organized home. *You will too!*

Residential Organizing | Closet Design & Installation | Much More

www.GetOrganizedColumbus.com
614.297.1550

Gilda
 ANDERSON PHOTOGRAPHY



www.gildapics.com
 614-353-1233
www.facebook.com/gildapics

THE JANE JONES TEAM
OVER 625 KITCHENS
SOLD IN UA!



Elizabeth Marcy Jamie Jane
 McKee Schoedinger Jones Jones

HER
 Realtors®

273-7717

**When Buying or Selling...
 Your Happiness is our Success**

uajonesteam.com • jane.jones@herrealtors.com

Kstudio



Ages 3 - Adult

**Ballet, Tap, Jazz, Lyrical,
 Hip Hop, and Musical Theater**

614-313-3773

www.kstudiodance.com

Where dance is the ultimate expression.



TALON TITLE AGENCY

LIMITED LIABILITY COMPANY

*Talon Title Agency -
The recipe for a smooth and happy
closing!*




Bonnie Lustnauer


Sales Representative

(614) 273-0421

blustnauer@talontitle.net

2x Cancer Survivor 



Selling, Buying or Refinancing,
Talon Title is the company in the  of UA!



Retirement Strategies, Ltd.

It's in our name, it's what we do.

**Preparing for Retirement?
Come in and talk with us first.**

- Individual & Family Financial Planning
- Specialization in PERS / STRS Benefits
- Investment Portfolio Management
- 401(k), 403(b), IRA Rollovers
- Financial Independence Projections

Jay Lindner, CFP®, ChFC®, CLU®

614-799-8668

5060 Parkcenter Ave. Ste. A Dublin, OH

jlindner@retirement-strategies.com

*Retirement Strategies, Ltd. is a Registered Investment Adviser
located in Dublin, Ohio.*

Selling, Leasing & Managing Grandview for 4 Generations

Commercial Sales & Leasing
Association Management
Investment Property Leasing
& Management
Residential Sales



1221 Grandview Avenue • 614-486-2933

www.myersrealty.com



OAKLAND NURSERIES

Four Convenient Locations:

Columbus

1156 Oakland Park Ave. • 614/268-3511

Delaware

25 Kilbourne Rd. • 740/369-5454

Dublin

4261 W. Dublin-Granville Rd. • 614/874-2400

New Albany

5211 Johnstown Rd. • 614/917-1020

www.oaklandnursery.com

Chad Cacchio DDS

We're happy to make you smile.

614.488.1313

1700 W. Lane Avenue, Ste. 100 | Cols | 43221

John J. Haidet DDS, MS & Louis W. Susi DDS, MS, INC



Practice Limited to Endodontics
7334 East Broad Street
Blacklick, Ohio 43004
Phone (614) 577-1100



WADE ORTHODONTICS

ANDREW B. WADE, DDS, MS, LLC

Braces for Children and Adults

Upper Arlington, 1570 Fishing Rd. 614-451-7555
Columbus, 5249 W. Broad St. 614-878-7887

facebook

www.wadeorthodontics.com

Instagram



614-527-0257

operating since 1982 in Columbus just off I-275 off
2249 Westbrooke Drive
www.stonemartmarblegranite.com
info@stonemartmarblegranite.com





HomeScan

your home inspection connection

Serving the Central Ohio Area with
Home, Pest and Radon Inspections

Since 1997

Over **14,000** inspections completed

Licensed and Insured

State Licensed Pest Inspectors and Radon Technicians

City of Columbus Licensed General Contractor

614-538-9999

www.HomeScanUSA@msn.com



RIDER + REINKE
FINANCIAL GROUP

Financial Planning + Investments Services
Personal Finance/Estate Planning + Employee Benefits

Chris Reinke
Financial Planner
creinke@financialguide.com

Scott Rider
Financial Planner
sprider@financialguide.com

614-876-7044
800-860-7044
4094 Main Street
Hilliard, OH 43026

www.RiderFinancial.com

CHRISTOPHER M. REINKE AND SCOTT P. RIDER ARE REGISTERED REPRESENTATIVES OF AND OFFERS SECURITIES, INVESTMENT ADVISORY AND FINANCIAL PLANNING SERVICES THROUGH MMA INVESTORS SERVICES, LLC. MEMBER SIPC. SUPERVISORY OFFICE: 2012 West 5th Street, Suite 100, Columbus, OH 43215. 202-621-5880. RIDER + REINKE FINANCIAL GROUP, LLC IS NOT A SUBSIDIARY OR AFFILIATE OF MMA INVESTORS SERVICES, LLC OR ITS AFFILIATED COMPANIES.

CENTRAL OHIO ENDODONTICS

Practice Limited to Endodontics



Michael E. Whitcomb, Jr., D.D.S., M.S.

Eric R. Menke, D.D.S., M.S.

Steven M. Smith, D.D.S., M.S.

F. Charles Arens, D.D.S., M.S.



**SPECIALIST
MEMBERS**

6827 N. High Street, Suite 115 • Worthington, OH 43085
5152 Blazer Memorial Parkway • Suite 102 • Dublin, OH 43017
Phone: (614) 885-1191 • Fax: (614) 885-0677

www.centralohioendodontics.com



950 King Avenue
Columbus, Ohio 43212
(614) 297-7190

www.montessorichildrens.com

Offering preschool and kindergarten for children ages 2 ½ to 6
Half and Full-day options available

*Celebrating 35 years of service to
northwest Columbus*

American Montessori Society Full-Member School

THE JEFF ALVIS GROUP



Realcom Realty
Independently Owned and Operated

The Koontz Team is a proud supporter of Kitchen Kapers...

...and as mothers, volunteers and neighbors, we understand the importance of giving back to the community where we live and work. A big thank you to Kitchen Kapers for supporting patients at a difficult time in their lives.

Thank you

The Koontz Team

Paula Koontz Gilmour
657-6884

Diane Koontz
563-7750



KING THOMPSON

© 2010 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker® is a registered trademark, licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Each Coldwell Banker King Thompson Office is Operated by NRT Columbus, LLC.

Midwest Allergy

Asthma and Immunology Associates

Philip N. Rancitelli, M.D.

614-771-9030

www.MidwestAllergy.net

**COLDWELL
BANKER**

KING THOMPSON

**One Relationship
at a Time**



Ted Lach
ABR, CRS, GRI



Barbara Lach
ABR, CRB, CRS, GRI, PMN, RRC

614-324-4002

lachexperience.com
barbara.lach@kingthompson.com

THE CLEARY COMPANY

REMODEL

DESIGN

BUILD



614-459-4000

CLEARYCOMPANY.COM



Haring
PEDIATRIC DENTAL

Come check out our "Sunken Ship" play area!

Going to the dentist...

JUST GOT FUN!



4395 W. Dublin-Granville Rd.
Dublin, OH 43017
(614) 761-3361

Accepting New Patients!

haringpediatricdental.com

AVERY
ANIMAL HOSPITAL

2015 Memberships

OFFICERS

President – Kara Rappolt

Treasurer – Wendy Hauswirth

BOARD MEMBERS

Advertising – Ashley Dudley

Database – Tedra Pine

Floral – Wendy McClellan

Home Procurement – Crissie Winner

House Captains – Krystin Macaluso

Printing – Catherine Kennedy

PR/Website Administration –

Elizabeth Stelzer

Restaurants – Arien Lawless

Social – Michelle Dapore

Sustainer Relations – Erin Wanke

Tickets – Carrie Dombrowski

MEMBERS

Tiffany Acton

Jennifer Beegle

Toni Bloomfield

Cara Boyle

Tonya Braun

Dawn Carlisle

Cortney Carpenter

Brooke Christman

Mikelle Copella

Michelle Dapore

Anne DeVoe

Jenny Dingle

Jennifer Dodge

Carrie Dombrowski

Ashley Dudley

Kelly Frederick

Gretchen Gaible

Gina Garvey

Jennifer Hanje

Kelly Harper

Wendy Hauswirth

Sharon Hershey

Mary Beth Hoffman

Aubree Jones

Tara Jones

Catherine Kennedy

Lisa Kessler

Angela Lanctot

Arien Lawless

Joy Lehman

Stephanie Line

Krystin Macaluso

Krissy Malatesta

Beth Mangas

Karlye Martin

Liz Mason

Wendy McClellan

Ellie Merritt Zeiger

Sara Oliphant

Tedra Pine

Kara Rappolt

Meara Scantland

Melissa Schauss

Evan Simon

Erin Smith

Elizabeth Stelzer

Kelley Swiney

Maya Thompson

Monica Vogt

Erin Wanke

Crissie Winner

Holli Winters

Heidi Yurkiw

Julie Zogbaum

Special Thanks

OhioHealth Foundation

OhioHealth Print Shop

Riverside Methodist Hospital

Angie Bammer Holmes Photography

Andy Patton Art

Peabody Paper

Huffman's Market

The Chocolate Café

DeSantis Florists

Tin Bakery

Dublin Cleaners

Relish House

Scioto Country Club

Jeff Johnson & Co.

John Morgan, Guitarist – Artist in Residence

Jennifer McHale, Art Therapist – Artist in Residence

Robin Oatts, Genre Creative



Patient Stories

KEN'S STORY — ESOPHAGEAL CANCER

I Had Difficulty Swallowing Even Water

Ken Light had come to know OhioHealth Riverside Methodist Hospital inside and out as a facilities worker there for the past 34 years. Yet it was when he learned he had esophageal cancer that he got an altogether different look inside the hospital.

"It's the best hospital there ever was," said the 54-year-old husband and father of three. "The work of the doctors – their professionalism and what they are able to do and the technology they have available to them. I'm glad I came here."

"Even though I was still going to work, I was getting weaker by the day. It got to the point where I couldn't even drink water," he recalled. "I didn't have a family doctor, so I got an appointment at the Family Practice Center here on campus. They did lots of tests and then sent me straight over to endoscopy at the main hospital." Self-described as a "pretty heavy fellow," he dropped 150 pounds in less than six months and was having difficulty swallowing.

Light was officially diagnosed with a form of esophageal cancer called adenocarcinoma in August 2009, and a team of doctors at Riverside Methodist took over his care. Keith Nichols, MD, and Steven Duff, MD, were his surgeons. Brent Behrens, MD, was his medical oncologist, and Mark Crnkovich, MD, was his radiation oncologist.

"I thank God every day that through the doctors, I was able to be healed. It was a total miracle."

Light received a standard protocol of chemotherapy and radiation therapy over a six-week period. He then was given six more weeks to recover – long enough to reduce any inflammation and build back the strength he would need for surgery.

In January 2010, Drs. Nichols and Duff removed two thirds of his esophagus and a third of his stomach. With the remainder of his stomach, they created a gastric tube that connected to his collar bone. More chemotherapy followed the surgery.

It Was a Long Fight, But Now I'm Cancer Free

Two years later, Light continues to have follow-up testing every six months and shows no evidence of the disease. He went back to work at Riverside Methodist in September 2010, building his way back to full-time status with no limitations. He has had to make a few adjustments – like eating smaller meals more frequently and waiting several hours afterward before going to bed. He also doesn't take anything for granted anymore.

Future Tour Home Suggestion

Have you visited a home in Upper Arlington that you believe would be a grand addition to a future tour? Have your friends mentioned they would be interested in having their house on the tour at some point? Do you believe your own home would be perfect for the tour?

You now have an opportunity to submit a possible entry for a future tour site!
Please complete the information below and return it to:

Crissie Winner | Home Procurement Chair
2300 Cambridge Blvd.
Columbus, OH 43221

HOMEOWNER NAME(S)

SUGGESTED ADDRESS

PHONE

EMAIL

MY NAME

ADDRESS

PHONE

EMAIL

I BELIEVE THE ABOVE KITCHEN WOULD BE A POSITIVE ADDITION TO A FUTURE KITCHEN KAPERS TOUR BECAUSE:

Thank you for your input! We appreciate your suggestions and will be in touch with the potential participating homeowner!



We hope you have enjoyed the 2015 Kitchen Kapers Tour and our featured Artists in Residence! Our hope is you took a moment to enjoy the soothing music of the guitar and interact with the art therapist. Imagine these same artists impacting the lives of patients battling cancer.

Kitchen Kapers' journey doesn't end today when the tour concludes. The proceeds from the Kitchen Kapers Tour support these artists and enable the Artist in Residence program to operate throughout the upcoming year.

Whether you have been directly impacted by cancer or know someone who has, you can see how the need is great for treating the overall patient along with the disease.

Please consider donating today at www.KitchenKapers.org. It is the greatest compliment we at Kitchen Kapers can receive! Thank you for your support!

Robert Heck M.D., F.A.C.S.

Voted as one of the

Best Doctors in America® - Plastic Surgery

- Breast Augmentation
- Breast Lift
- Laser Bra Lift
- Tummy Tuck
- Mommy Makeover
- Liposuction
- CoolSculpting
- SmartLipo
- Vaser Lipo
- Labiaplasty
- Facelift
- Botox®
- Facial Fillers

VOTED BEST



Best Doctors®

2013 2014

Robert T. Heck, M.D.
Plastic Surgery

MEMBER OF THE AMERICAN SOCIETY
FOR AESTHETIC PLASTIC SURGERY
*The Mark of Distinction
In Cosmetic Health Surgery®*

AMERICAN SOCIETY OF
PLASTIC SURGEONS



COLUMBUS AESTHETIC
& PLASTIC SURGERY

medspa by CAPS

614.246.6900

www.ColumbusPlasticSurgery.com



We are storytellers at heart.

At Jeff Johnson & Co., we understand that every piece of jewelry we design, create, or repair, has a story to tell.
Your story.

We are industry experts with over 150 years of experience offering the highest quality craftsmanship in the world.

That's our story. Create yours at Jeff Johnson & Co.

www.jjandcompany.com

Jeff Johnson & Co.
CREATORS OF FINE JEWELRY

5025 Arlington Centre Blvd., Suite 130 Columbus, OH 43220 — P614.459.8890